

Celebrating more than six decades of giving

LM and Peggy Sullivan recently celebrated their wedding anniversary—63 years of giving and volunteering. “We like to be involved and help people,” says LM.

Volunteering as a way of living

LM and Peggy are retired teachers, having taught a combined 63 years. LM also coached basketball for two years and served as an administrator for several Oklahoma school districts, including Cleo Springs, Kremlin, Boise City, Coyle, Newkirk, and Harrah. Nine years before retiring, LM worked as an area supervisor with the Oklahoma State Department of Education. Peggy taught second and third grade and spent nine years teaching in a Title 1 remedial reading program.

LM is an active member of the administrative board at their local church and the United Methodist Volunteers in Mission. He served with this organization in Louisiana after Hurricane Andrew in 1992 and in Midwest City, Oklahoma, after the 1999 tornado. LM also serves on the Touchmark volunteer tornado alert team on the third floor.

LM, who holds a doctorate in education, is a member of the state and

county chapters of the Oklahoma Retired Educators Association (OREA).

In June 2006, he was inducted into the College of Education Hall of Fame at Oklahoma State University. He has participated in The Oklahoma Anthropological Society, which he describes as “charged with the responsibility to protect the past.”

“I’ve been on several surveys and digs and went on a dig in Western Oklahoma for my 83rd birthday last June,” says LM.



LM and Peggy Sullivan are big fans of the OSU Cowboys basketball and football teams. They enjoy an active lifestyle that includes volunteer activities, family events, and fitness classes. “Keeping busy is what has kept us in relatively good shape,” says LM.

Like her husband, Peggy continues to volunteer with several organizations. She is a member of the state and county chapters of the OREA. She edits biographies of the OREA’s Very Important Member publication. Peggy serves as co-chair on the OREA’s Benevolence Committee, which sends sympathy, get well, thinking of you, congratulatory, wedding, and anniversary cards to members. She helps with mission work at their local church, First United Methodist of Edmond, and is a member of the United Methodist Women.

Recently, Peggy starting singing with the Golden Harmonizers choir (*cont.*)

(cont.) through the Edmond Senior Center. Peggy sings with her sister-in-law, Fern Rowley, who also lives at Touchmark with her husband George, who is Peggy's brother.

Peggy has worked with LM on Anthropological Society surveys, though she hasn't done a dig yet. She helps with the refreshments at the society's meetings. She recently became a Friendship Ambassador at Touchmark, working with Virginia Morefield to deliver baskets of goodies to new residents and welcome them to the community.

The Sullivans also enjoy spending time with their family. They have two children, three grandchildren, and two great-grandchildren. In March, they celebrated the wedding of their only granddaughter, Laura.

"I've always heard that if you want something done, that you should ask the busiest person you know," says Peggy. "People did ask, and I never did say no." ■

Coming Events

Saturday, April 19, 10:30 am

The Exaltation Choir of Canyon Creek Presbyterian Church from Richardson, Texas, will perform. Grand Hall.

Wednesday, April 23, 2 pm

Town Hall Meeting in the Grand Hall.

Monday, April 28, 6:30 to 7:30 pm

Book review and signing with Lucinda Marie Thierry, author of *Salutations, Christian Poems for Various Occasions*. Purchase a book for \$10. Grand Hall.

Tuesday, April 29, 6:30 pm

Depart for 7:30 performance of the Symphony Orchestra at the University of Central Oklahoma in Edmond.

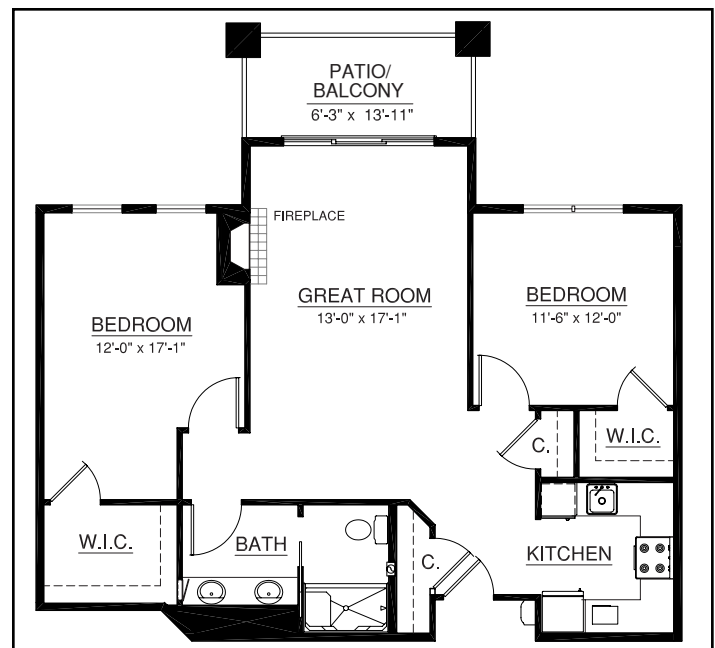
A lifestyle with heart

For more than 30 years, the country has celebrated National Volunteer Week in April. For residents, staff, and friends of Touchmark, volunteerism is celebrated throughout the year.

Touchmark at Coffee Creek welcomes volunteers and provides opportunities for people to assist with programs and services, such as resident committees, musical entertainment, social events, and more. People use their unique skills and rich backgrounds to help create a vibrant community. Read the story on page one to learn how one Touchmark couple volunteers with numerous organizations.

Call today to learn more about Touchmark's active lifestyle and spacious homes.

A spacious apartment at the Grandview



This comfortable 1,015-square-foot apartment features a balcony, fireplace, large living room, GE appliances (including a raised dishwasher), and walk-in closets in each bedroom.

The Monroe home at Parkview

This home offers 1,857 square feet of living space, three bedrooms, and two bathrooms. The home also features a covered patio, custom-built oak cabinets, under-cabinet lighting, and crown molding. ■

Changing lives—affecting communities



Marge Coalman, EdD
Vice President of Wellness & Programs,
Touchmark

There is general consensus from researchers that older adults who consistently participate in activities with youth have very little awareness of the major contributions they are making to the culture of communities. That one-hour-per-week commitment helping an underachieving reader; teaching a child to knit or crochet; making and baking cookies, or tutoring the struggling math student may seem like a small contribution in light of the many hours spent on other endeavors. But in the aggregate, the impact is enormous.

“The following principles have been put forward regarding the civic engagement movement in the second half of life: opportunities should reflect choice, not coercion; meaningful engagement, not exploitation; opportunity, not obligation; and the intergenerational benefit.”

—Patrick Cullinane, MS

The intergenerational programs at Touchmark encourage skill building, shared interests, adventure, and friendships. An obvious benefit is the relationships established among the residents and youth. Less obvious but nonetheless beneficial outcomes of intergenerational programming have been studied around the world by the Center for Intergenerational Learning at Temple University. They include improvements in:

- Academic achievement, school behavior, and life skills of middle-school youth;
- Reading skills of young children;
- Attitudes of high school and college students toward community service and the elderly;
- Parenting skills;
- Caregiver stress;
- Well-being of older adults.

If you're interested in sharing your talents and changing a young person's life while making a genuine difference in communities, contact Touchmark Life Enrichment/Wellness Coordinator Cathy Bird. You'll find opportunities both on our campus and in the broader community. Program offerings include one-to-one, small groups, and large sessions with children and youth of all ages. ■

Recent events



Shirley Bellomy (right) visits with Olivia Frankenfield and her nanny LeAndra Schrantz at a recent Kindermusik Multigenerational music class at Touchmark. Julie Atyia from the Fine Arts Institute of Edmond teaches this parent-baby class, which offers opportunities to sing, move, and play rhythmic instruments.

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Resident OK Stubbs watches Oklahoma Christian School freshman and golf team member Jackson Ogle putt at the recent golf gathering at Touchmark. Members of the golf team and the Bill Nicklas Memorial Junior Golf Foundation helped residents sharpen their putting skills.



Evelyn Clark stuffs candy into plastic eggs for the neighborhood Coffee Creek Easter egg hunt.



Resident Everitt Baker poses with his daughters Angela Pavlic (left) and Sharron Suarez before Everitt's trombone performance. Residents, family, and friends filled the Grand Hall to hear Everitt play *Danny Boy*, *Carnival of Venice*, *I'll Be Down to Get You*, and several more songs. Everitt answered questions about playing trombone and shared funny stories from his life experiences.



From left: Morgan Maggard, Touchmark intern Courtney Leach (as the Easter bunny), and Ruthie Lacy joined the fun at the recent Coffee Creek neighborhood Easter Egg Hunt. Morgan and Ruthie are cousins to Life Enrichment/Wellness Assistant Alison Campos-Atkinson.