

## Phase 2 development will meet demand, offer more services

Edmond's largest development to receive city approval this year will break ground **Friday, July 10** at 10 am for a \$15 million expansion project. Instead of a traditional groundbreaking, dignitaries will help lay the foundation and release concrete down the chute.

The celebration will include newly elected Edmond Mayor Patrice Douglas, Janet Yowell, executive director, Edmond Economic Development Authority and Keili Hicks, Alzheimer's Association advocacy and public policy coordinator for the state of Oklahoma.

The expansion includes a three-story addition and a one-level memory-care neighborhood, adding 73,000 square feet to the community that offers distinctive living.

"Even as the economy slumps elsewhere, Touchmark is moving ahead to meet the high demand for its award-winning lifestyle," says Jamie Ham, executive director of Touchmark. He goes on to comment that Touchmark residents and their families won't be the only ones to benefit from the expansion. "The Edmond-area economy will see benefits through the use of contractors, building material suppliers, workers, and professional staff," he says.

A significant part of the expansion will be the addition of a new service: memory care. A 37,908-square-foot building will include 50 private studios with



**Construction is just getting under way on Touchmark's expansion project, which will include a three-story addition and a one-level memory-care neighborhood.**

full bathrooms. The design draws on the latest research for providing a comfortable and secure environment for people experiencing memory loss. For example, all residences will face an inviting residential common area decorated to create a homelike feeling. There won't be any dead end corridors or unsupervised areas. Colors and décor will create a nurturing surrounding.

The building will be divided into four neighborhoods, each with 12 to 13 residences. Each neighborhood will have its own kitchen and dining area, living room, space for activities, access to a secure outdoor courtyard, beauty salon/barber shop, spa bath, multipurpose room, family conference room, and doctor's office.

Touchmark residents throughout the community participate in Brain Builder classes, where they (*cont.*)

(cont.) do various cognitive exercises. According to Life Enrichment/Wellness Director Cathy Bird, these activities require attention and use different parts of the brain.

“Our brains have the capacity to continue to grow, which is why we offer cognitive enhancement activities, such as learning facts of the day, word-generation games, and other experiences,” says Cathy, who received specialized training and is certified in Geriatric Wellness—believed to be the only person in this area to have earned this distinction.

A new wing on the Grandview building will add 34,812 square feet of homes for people who live independently as well as those who need some assistance with their daily activities. The 36 apartment homes will range in size and include studio, one-bedroom, two bedrooms and one bath and two bedrooms and two baths. The architectural style and finishes will be consistent with and complement the current building.

Touchmark is committed to environmental stewardship and has committed to purchasing 100-percent wind power for the expansion. Since 2006, Touchmark has purchased 100-percent wind power to operate the Grandview. Touchmark is an EPA Green Power Leadership Club award winner and a member of the EPA's Green Power Partnership.

The Phase 2 additions are expected to be completed in 2010. Architect is LRS Architects of Portland, Oregon. General contractor is Weis Builders, based in Minneapolis, Minnesota. Rick Wessell and Mark Mitchell of Touchmark Development & Construction will oversee the expansion. Stillwater National Bank is providing the funding.

Touchmark Executive Vice President Bruce S. Dalrymple is directing the development. This expansion is an extension of the vision that he and Derek Turner, president and chief executive officer of Turner & Co., had when they first started working together several years ago to create a premier community. ■

## Citizenship—a call to action



**Marge Coalman, EdD**

Vice President of Wellness & Programs,  
Touchmark

“Be the change you want to see in the world.”

—Mahatma Gandhi

Each July, cities and towns of all sizes in Canada and the USA display flags, hold neighborhood barbecues, sing anthems, and watch parades. Families, friends, and dignitaries gather to celebrate freedom and independence. This is an ideal time to review and renew individual commitments to citizenship.

Good citizens understand and accept the fact that they have a responsibility to their neighbors, the community, the environment, and the world. They realize it takes commitment—and actions:

- Do the right thing, even when no one is looking.
- Do the right thing, even when it is difficult.
- Share your time and skills with the community to make it better, cleaner, safer, and more accessible.
- Conserve resources—re-use and recycle.
- Reflect on how your actions affect the welfare of others.
- Lend a hand when you can.
- Stay informed on issues, and voice your opinion by voting.
- Be a citizen of the world and contribute to global well-being.

Being a good citizen requires each of us to resolve to work together to overcome the differences that isolate and separate us from each other and our shared future. Applying life lessons while looking toward the future is a skill that many older adults have developed. The unparalleled changes that have occurred in the last 100 years have provided a testing ground for change. The lessons are available to all of us who ask and listen.

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At Touchmark, we welcome and nurture diverse opinions and practical solutions to complex challenges. To participate in intellectual and stimulating discussions, contact Cathy Bird, Life Enrichment/Wellness director. Your opinions and perspective are welcome! ■

## A warm welcome for friends

The last Tuesday of every month, the Shortgrass Café is the setting for introductions and budding friendships. Residents attend the monthly Newcomers Coffee to meet their neighbors and visit with friends. People enjoy regular/decaf coffee and pastries. Nametags help people learn the names of their new friends. ■

### Marge joins ICAA committee

Vice President of Wellness & Programs Marge Coalman, EdD, recently received the honor of being appointed to the ICAA Advisory Board. As a board member, Marge will continue supporting the goals of the ICAA, which connect professionals who, in turn, help older adults.



Leaman Harris (left) and Virginia Morefield (far right) talk with new residents Benny and Betty Benson about Benny's years in the service and invite him to be a Touchmark Storyteller.



LM Sullivan (right) shares some jokes with new resident Edna Durrett.

## You said it!

*"The people are so friendly at Touchmark. We enjoy the convenience of the location in Edmond. We look forward to the volunteer opportunities, and our days are full!"*

—**Scott and Faye Kelsey,**  
Residents



Jim Parks (left) and Leaman Harris get to know each other.

## The perfect place for your welcome mat



Take advantage of this rare opportunity to live in one of Touchmark's largest apartment homes. Located in the main building, apartment 314 offers 1,394 square feet of living space with two bedrooms and two bathrooms. The L-shaped living room creates space for a large dining area or study. With high ceilings and abundant natural light, the home is filled with an inviting ambience. With a washer and dryer and full kitchen with raised dishwasher, this apartment offers worry-free independent living.

### Coming Events

#### Friday, July 10, 10 am

Phase II groundbreaking ceremony. Under the front portico.

#### Saturday, July 11, 2 pm

Touchmark Storytellers. Hear interesting life stories of fellow residents. Bunker.

#### Wednesday, July 15, 3 pm

Winetasting at the Parkview Model Home, featuring wines of the South Pacific. Sign up at the front desk.

#### Thursday, July 16, 11:30 am to 2 pm

Polynesian Buffet complete with authentic dishes and entertainment. Creekside Dining Room.

#### Friday, July 17, 10:30 am

Outing to the Oklahoma City Museum of Art. Tour through the exhibits—*Turner to Cézanne: Masterpieces from the Davies*

*Collection, National Museum Wales and Dale Chihuly: The Exhibition*—and take a break for lunch at the Museum Café. Cost for museum admission and transportation: \$13. Please bring additional money for lunch.

#### Friday, July 24, 11 am

Out to Lunch Bunch at Eischen's Chicken in Okarche. Transportation fee: \$3. Please bring money for lunch.

#### Tuesday, July 28, 7 to 9 pm

Enjoy performance by the Talk of the Town Orchestra. Grand Hall.

#### Friday, July 31, 8:30 am

Oklahoma Aquarium trip and lunch at a Tulsa restaurant. Cost for admission and transportation is \$23. Please bring money for lunch.

## Touchmark happenings



There is a new reader at Touchmark. Barbara Hall (sitting) and Bill Parrish try out the new magnifying reader on its first day on campus while Bea Coleman looks on. The reader is in the Touchmark library and is available for residents to use to magnify books, magazines, or pictures. Oklahoma ABLE Tech donated the machine to Touchmark.



Liz Coddling (left) and Judith Harris celebrate Flag Day and Independence Day at the Flags and Firecrackers Tea. Attendees displayed their patriotism by wearing red, white, and blue. Flags, star confetti, red napkins, and festive wrapped candies adorned the tables.



From left: Life Enrichment/Wellness Assistant Alisa Hiner, resident LM Sullivan, and Assistant Executive Director Kelli Mitchell celebrate their birthdays together. Alisa made birthday crowns for herself and her "birthday buddies." LM received his crown during the Brain Builders class.



Margaret Burkett (right) greets June Huddleston at the Flags and Firecrackers Tea.

(cont.)

## Homonyms ... words that sound the same but are spelled differently.

For example, *flower* and *flour*. Using this list, write a homonym for each word.

beet \_\_\_\_\_ one \_\_\_\_\_

hoarse \_\_\_\_\_ heal \_\_\_\_\_

prince \_\_\_\_\_ they're \_\_\_\_\_

plain \_\_\_\_\_ bored \_\_\_\_\_

foul \_\_\_\_\_ you \_\_\_\_\_

pale \_\_\_\_\_ for \_\_\_\_\_

nose \_\_\_\_\_ cruise \_\_\_\_\_

sent \_\_\_\_\_ hi \_\_\_\_\_

whale \_\_\_\_\_

## Receiving national award

Touchmark's sister community, Touchmark at Mt. Bachelor Village, recently received national acclaim from the National Association of Home Builders. Touchmark's Cliff Lodge and Terrace Lodge were named Best Independent Living Community and received a Gold Award (the highest given) at the 2009 Best of 50+ Housing Awards. Learn more by visiting [TouchmarkBend.com/news](http://TouchmarkBend.com/news).