

# NEWS RELEASE



## Touchmark at Coffee Creek

For immediate release

March 19, 2010

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### **Alzheimer's workshop slated for March 30 at Touchmark**

EDMOND, Okla. — Touchmark at Coffee Creek will host a workshop Tuesday, March 30 for families dealing with the challenges of Alzheimer's disease and other age-related dementia illnesses.

A pharmacist will cover medications, a physician will discuss brain function and a nurse will address life enrichment. Each will present briefly, with the majority of time spent on questions from the public.

There is no charge for this workshop, and it is open to the community. The workshop will be held from 4:30 to 6:15 p.m. at Touchmark at Coffee Creek, 2801 Shortgrass Road, Edmond.

Lenee Lane, PharmD, consulting pharmacist with Sequoia Health Services, Oklahoma City, will speak on memory medications, why they are used and their importance.

Nathan Valentine, M.D., Valentine Family Medicine, will speak from a medical perspective on the brain and cognitive function.

Wendy Schrag, RN, Touchmark memory care manager, will speak on memory care philosophy, incorporating life enrichment, environmental and medical aspects.

"Caring for people with Alzheimer's disease and other age-related dementia can become complicated," says Jamie Ham, Touchmark at Coffee Creek executive director. "We're bringing together these experts to answer the many questions that people have."

For more information, go to [EdmondMemoryCare.com](http://EdmondMemoryCare.com) or call (405) 340-1975.

Touchmark broke ground last summer on a \$15 million expansion that includes a memory care neighborhood and three-story addition to its current community. Prairieview Memory Care Residences are slated to open in April.

Alzheimer's disease and age-related dementia affect one in eight people age 65 and older, according to the Alzheimer's Association. While death rates from breast cancer, stroke and heart disease have declined, death rates from Alzheimer's have increased dramatically – 47 percent from 2000-2006.

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TouchmarkEdmond.com

This year, approximately 74,000 Oklahomans will have Alzheimer's disease, and this number is expected to increase by 30 percent over the next 15 years. The number of family members and friends affected indirectly is far greater.

The Prairieview includes 50 private studios, divided into four neighborhoods of 12-13 residences. Each neighborhood will have its own kitchen and dining area, living room, space for activities and access to a secure outdoor courtyard. A beauty salon/barber shop, spa bath, multipurpose room, family conference room and doctor's office will be shared by the four neighborhoods.

Touchmark is part of the Coffee Creek 638-acre planned residential development, which includes a golf course, recreational centers and walking and biking trails for Coffee Creek homeowners. Touchmark at Coffee Creek offers a wide range of homes and lifestyle options. For more information, contact Touchmark at (405) 340-1975 or visit [TouchmarkEdmond.com](http://TouchmarkEdmond.com).

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