

NEWS RELEASE



Touchmark at Coffee Creek

For immediate release:

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Bone & Joint Hospital and Touchmark at Coffee Creek partner to offer osteoporosis education and screening

EDMOND, Okla. — May is National Osteoporosis Prevention Month. To increase awareness in the local community, Bone & Joint Hospital is offering free bone-density screenings and an educational program on Tues., May 20 from noon to 4 p.m. at Touchmark at Coffee Creek, 2801 Shortgrass Road, in Edmond.

Ted Boehm, M.D., a primary care sports medicine physician at the Oklahoma Sports & Orthopedics Institute, will speak about the dangers of osteoporosis as well as prevention and treatment of the disease.

“Osteoporosis is a disease characterized by low bone mass and deterioration of the bone matrix, which can lead to an increase in fractures. Many people don’t understand the seriousness of this disease,” says Dr. Boehm.

It is estimated that 10 million people in the United States already have osteoporosis, while 34 million have low bone mass indicating high risk.

“Touchmark understands that it’s never too late to take steps to improve one’s wellness, including slowing or stopping bone loss, which is why we’re working with Bone & Joint Hospital to provide this important service to the community,” says Touchmark Executive Director Jamie Ham.

While there is no charge for the screening and seminar, people are advised to register by calling (405) 340-1975.

Agenda:

- Bone Density Screenings - **Noon to 1 p.m.**
- Presentation by Dr. Boehm - **1 to 2 p.m.**
- Bone Density Screenings - **2 to 4 p.m.**

Touchmark offers a wide range of homes and lifestyle options. The active adult community is located just north of Covell Road in Edmond. For more information, visit Touchmark’s Web site at TouchmarkEdmond.com.

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