

# NEWS Release

## Touchmark at Coffee Creek



FOR IMMEDIATE RELEASE

January 12, 2007  
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### **TOUCHMARK HOSTING HEALTH EDUCATIONAL SERIES**

EDMOND, Okla. — Touchmark at Coffee Creek retirement community is hosting a series of educational programs geared to adults. All presentations are open to the public and will be held in the Grand Hall of Touchmark at Coffee Creek, 2801 Shortgrass Road in north Edmond. There is no charge for the seminars or screenings.

“Promoting health and wellness throughout one’s life is an important focus of Touchmark, which is why we’re working with local health professionals to offer this educational series,” says Touchmark Executive Director Jamie Ham.

On **Thursday (Jan. 18)**, Robert Steves, M.D., will present “Your Bone Health: What You Need to Know.” The program is scheduled from 2 to 2:45 p.m. Bone-density screenings by Bone & Joint Hospital professionals are scheduled from noon to 2 p.m. and from 2:45 to 4 p.m. Dr. Steves is an orthopedic surgeon at Bone & Joint Hospital.

On **February 15**, Jeffrey Thompson, M.D., will present “A Heartwarming Talk on Hypertension.” at 2 p.m. Dr. Thompson is a board-certified, family-medicine physician from INTEGRIS ProHealth Physicians in Edmond. He is a retired colonel from the Air Force, having served 26 years.

On **March 15**, Emily Bussey, O.D., with The Eye Care Center, will present “The ‘Eyes’ of March are Upon Us: Macular Degeneration.” The talk is scheduled for 2 p.m. Also, vision and glaucoma screenings will be offered, sponsored by BVA Advanced Eye Care.

For more information, contact Touchmark at Coffee Creek at (405) 340-1975 or visit Touchmark’s Web site at [TouchmarkEdmond.com](http://TouchmarkEdmond.com).