

NEWS RELEASE



Touchmark at Coffee Creek

FOR IMMEDIATE RELEASE

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TOUCHMARK OFFERS HEARTWARMING TALK ON HYPERTENSION

EDMOND, Okla. — Touchmark at Coffee Creek retirement community is offering “A Heartwarming Talk on Hypertension,” as part of National Heart Month. The program is scheduled for 2 p.m. Thursday (Feb. 15). Jeffrey Thompson, M.D., will cover the causes, effects and treatment of hypertension. Afterwards, Touchmark will provide blood pressure screenings.

Open to the public, the presentation will be held in the Grand Hall of Touchmark at Coffee Creek, 2801 Shortgrass Road in north Edmond. There is no charge for the seminar.

Dr. Thompson is board certified in family medicine with INTEGRIS ProHealth Physicians in Edmond. He is a retired colonel from the Air Force, having served 26 years.

This seminar is the second in a series of educational programs geared to adults. “Touchmark believes in promoting health and wellness throughout one’s life, which is why we’re working with local health professionals to offer this educational series,” says Touchmark Executive Director Jamie Ham.

The three-part series kicked off in January and continues March 15. Emily Bussey, O.D., with The Eye Care Center, is scheduled to present “The ‘Eyes’ of March are Upon Us: Macular Degeneration.” Also, vision and glaucoma screenings will be offered, sponsored by BVA Advanced Eye Care.

For more information, contact Touchmark at Coffee Creek at (405) 340-1975 or visit Touchmark’s Web site at TouchmarkEdmond.com.

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